

Addiction Treatment Centre Comparison

	Canadian Health Recovery Centre	Freedom From Addiction	Canadian Centre for Addiction	Homewood	Greenstone	Stonehenge	Renova	Bellwood	Renaissance	Addiction Rehab Toronto	1000 Islands treatment	Valiant Behavioural health	Centre for Health and Healing	The Farm
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Male-only Program for gender-specific programming	✓						✓		✓					
Success Guarantee 2-week recovery refresh is included with our 6-week program (valued at \$7975)	✓													
Nutritional Therapy using supplements to support healing the mind and body	✓						✓							
Comprehensive Blood Work Analysis with individualized nutritional consultation	✓						✓							
Group Therapy counsellor directed programming, utilizing CBT, DBT and neuroplasticity	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Individual therapy sessions with a Registered Psychotherapist	✓				✓		✓							
Non-12-Step based Programming	✓	✓	✓	✓	✓	✓	✓			✓	✓	✓	✓	✓
Fitness Program and Personal Training on site	✓	✓	✓	✓	✓		✓	✓		✓	✓		✓	

Access to Spirituality programming (denominational and non-denominational)	✓			✓	✓					✓	✓		
Yoga	✓		✓	✓	✓					✓	✓		
Meditation	✓			✓	✓			✓		✓	✓		
AcuDeto auricular acupuncture for emotional health	✓							✓	✓	✓	✓	✓	✓
Near-Infrared Sauna to aid in detoxification, healing, stress reduction, and alleviation of muscle and joint pain	✓							✓					
Access to adjunctive therapies including massage therapy	✓	✓	✓	✓	✓					✓			
Offsite activities i.e. weekly golf or axe throwing	✓				✓	✓			✓	✓	✓		
Adventure Therapy day trips canoeing, snowshoeing and survival skills training	✓										✓		
In-house recreational resources including pool tables, ping pong, theatre room, sports equipment	✓	✓	✓	✓	✓					✓	✓	✓	✓
Smoking/Vaping Permitted	✓				✓						✓		

Accepting those participating in opiate replacement therapy

✓		✓	✓	✓	✓	✓	✓		✓	✓		✓
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Family Programming - family counselling sessions and a one-day educational workshop

✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓
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Outpatient Resources offered

✓			✓	✓	✓	✓	✓	✓	✓			✓	✓
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